

Each small group has a leader/leaders and pastoral carer/ carers, who within that group facilitate areas of pastoral care including home visits, hospital visits, telephone contact and card ministry.

### **Practical Support Team**

To provide where possible practical support to meet home, groceries and transport needs. Let a member of the Pastoral Care Team know about the type of help required and we will seek to arrange appropriate support. We may be able to assist with signposting to other support agencies.

### **Buddy Programme**

This Programme is primarily but not exclusively for young adults in their (20s-30s) who might be working away from home and who live alone and as such do not have the same support structure as those with families locally might have.

If this describes you and you feel that you might benefit from the friendship, fellowship, and mentoring of a more mature Christian then please speak to one of our pastor's who will seek to partner you with an appropriate member of DBC.

### **Financial Support**

As a Church we occasionally run CAP Money Courses (Christians Against Poverty) to help participants better manage their finances and or deal with debt issues. If you would like to participate in one of these Courses please let a member of the Pastoral Care Team know.

### **Pastoral Care Team Contact details**

Betty Campbell—Pastoral Visitation

Susan Finnie—Specialist Counselling

Eleanor Moss—Prayer Ministry Co-ordinator

Andrew Rideout—Pastoral Visitation

Hugh Brewster—Pastoral Visitation/Care of Missionaries

Kristoff Henderson—Youth/Student—care of students at University / College both locally and nationally

Christians Against Poverty Courses—Paula White

Practical Support Team - accessed through the Church Office

For Small Group Leaders/Carers—see leaflet “Ten Reasons Why You Should Join a Small Group”

### **CONTACT DETAILS:**

#### **Pastors:**

##### **Reverend Alistair Purss (Senior):**

Email: [alistair.purss@dumfriesbaptistchurch.org.uk](mailto:alistair.purss@dumfriesbaptistchurch.org.uk)

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##### **Reverend David White (Associate):**

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##### **Andy Feather (Youth and Community Worker)**

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#### **Church Office:**

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**Dumfries  
Baptist Church**

Worship | Reach | Serve



# Pastoral Care

**Dumfries  
Baptist  
Church**

*“Let us consider how we may spur one another on towards love and good deeds.”* (Hebrews 10:24)

## Our CALLING to CARE

The Pastoral Care Ministry within Dumfries Baptist Church exists to encourage, promote and develop within this church, Christ’s principles regarding genuine love for one another.

Jesus said, *“My command is this: love each other as I have loved you.”* (John 15:12)

The kind of care that the Bible describes is “one another care”:

- ◆ loving (1 John 4:7)
- ◆ spurring on and encouraging (Hebrews 10:24, 25)
- ◆ bearing burdens (Galatians 6:2)
- ◆ forgiving (Colossians 3:13)
- ◆ praying (Ephesians 6:18)
- ◆ serving (Romans 12:5-8)
- ◆ honouring (Romans 12:10)
- ◆ generous giving (Romans 12:13)
- ◆ accepting (Romans 14)

Our ultimate ideal is to encourage the whole church family (where appropriate) to become actively involved in pastoral care and so replace the idea of “who is caring for me?” with “who can I care for?”

### Contact Assist Relate Encourage (CARE)

Our objective is to **PASTORALLY SUPPORT** each individual and family at DBC as appropriate to their need on four levels as we:

- ◆ **C** - Contact
- ◆ **A** - Assist
- ◆ **R** - Relate
- ◆ **E** - Encourage

This will involve getting alongside people in a way in which friendship and trust can be established and help and support provided for those with perceived needs.

## Pastoral Care Team (PCT)

Those people named in the contact list on the back page meet on a regular basis to share pastoral oversight of the Fellowship and to pray.

Individuals in this group have generational responsibility for all those who attend DBC and they are available for pastoral visitation.

The Senior and Associate Pastors are members of the group and respond to crisis situations, critical care, hospital and home visits and home communion.

**Feedback to the Pastoral staff from all those involved in pastoral care at any level is essential. Please do not assume the Pastors already know if you or others you know are in need of support.**

**Specialised Counselling** can be made available for you or others if you/they wish to talk through personal issues but have not been able to share these with friends and family:

- ◆ For example, following a bereavement you may think you should be ‘over it’ by now and you don’t want to trouble anyone.
- ◆ Perhaps your temper is a problem but you don’t want to have to admit it to those close to you?
- ◆ Is there an event from your past which is still causing unhappiness in your life today?
- ◆ Maybe anxiety is preventing you from taking part fully in the activities you normally enjoy?

Counselling is an opportunity to address these difficulties in a confidential setting with someone who is trained to help you work through them and find a way of living more at peace with your circumstances or find a route to effective change. At DBC we have access to skilled, professional counsellors who can help you decide if these services would be of benefit to you.

**Prayer Ministry** is also available. There is a team of 10 chosen individuals who have committed to pray for the urgent intercessory needs of those within the Fellowship. Requests for prayer can be made through the Prayer Cards on the Welcome Desk and placed in the Prayer Box, or directly through the Prayer Co-ordinator.

Anyone can ask the Prayer Ministry Co-ordinator or one of the other Pastors or Deacons to pray with them after a service and all prayer requests are treated confidentially.

The PCT are also responsible for maintaining contact with students studying away from home or at College together with those studying locally.

A designated member of the PCT also has pastoral responsibility for missionaries from DBC who are working either overseas or here in Scotland.

PCT members liaise with and work alongside other church groups, eg Friendship Hour, Encore, Discoverers, Toddlers, Who Let the Dads Out and other Youth Activity Groups to help support ‘where deemed appropriate’ those with pastoral needs.

## Pastoral Care Through Small Groups

We have a significant number of small groups meeting regularly throughout the region. Small Groups are the primary place for Pastoral Care in that the Small Group Ministry increases the sense of individual identity, responsibility, commitment and accountability.

Within this kind of environment no one can truly say that caring is someone else’s responsibility. Small Groups include home groups for Bible study and prayer, witness and fellowship and also groups providing support for seniors, families and pre-school children.