

Future Dates

~ 2022 ~

Wednesday 21st September ***3rd Wednesday**

Wednesday 26th October

Wednesday 23rd November

Wednesday 21st December 11am ***3rd Wednesday**

~ 2023 ~

Wednesday 25th January

Wednesday 22nd February

Wednesday 22nd March

Maundy Thursday event on 6th April

Wednesday 26th April

Wednesday 24th May

Wednesday 28th June

Contact Details:

Dumfries Baptist Church,

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Pastor: Eoghan Paterson Tel: 07926 731592

Ministry Leader: David White Tel: 07476 379865

**Dumfries
Baptist Church**

Worship | Grow | Reach | Serve



2022/23

ENCORE!
*- because there's
always more!*



Soup & Sweet for Seniors
From 10.30am - 1.30pm
Usually Monthly on
the 4th Wednesday
See dates on reverse

Our Vision for Encore:

- * Is to provide a social interaction for Seniors that will enable those who attend to develop friendships, share in the various activities offered and enjoy a ‘Soup and Sweet’ lunch once a month. Just prior to lunch someone will share a “Thought for the day” based on the Bible and what it teaches us about God the Father, God the Son and God the Holy Spirit.
- * We would hope to invite occasional Guest Speakers to share their expertise in areas like health and general welfare, and also to involve attendees to share their interests.
- * Encore! will be held in the auditorium on the **fourth Wednesday of the month** from 10.30am - 1.30pm.
- * We would also like to meet any transport needs required so that access to Encore! is not prohibited due to mobility challenges. Please contact us to make arrangements.
- * A donation of £3 can be made to assist towards costs incurred.

Programme:

10.30am Welcome Tea/Coffee and sweet things. Preview of that days programme which will include your choice of activities.

Options might include:

Board games - Scrabble, etc.

Dominoes, Boccia,

Skittles, Hoopla,

Crafts ...

Each Day will include active and quieter activities which will take place between **11.00am and 12 noon**

12-12.15pm Pause for refreshing drink

12.20pm 10 minute ‘Thought for the day’ followed by Grace for the meal.

12.30pm Lunch - A choice of soups served with a roll and butter. A choice of puddings. All freshly made.

We hope that we will be able to offer age specific **keep fit** occasionally.

If you have any ideas for new activities, please tell us your suggestions.

Also, please let us know if you need pastoral support.

Registration Form

Name:

Birthday (Optional):

Address:

Tel No:

Emergency Contact

Name:

Tel No:

Transport Requirements:

Dietary Requirements:

Prayer Requirements:

I consent to having the above details retained by the church.

Signature:

Date: